

Office-Principal

Govt. Jagannath Munnalal Choudhary Mahila

Mahavidyalaya, Mandla, Madhya Pradesh



Website: http://www.gjmcgirlscollegemandla.in

AISHE Code:C-33429 College Code:3502

Department of Home Science Programme Outcomes

After Completing this programme, the students will be able to:

- Understand the difference between right and wrong after learning the Family Values.
- Lestablish the right family values and will carry forward their family culture and values.
- ➡ Simplify the daily activities by using work simplification techniques
- ♣ Make balanced and surplus budget to improve the financial status and will also learn about savings and investments.

- Light Identify the textile fibre send and describe the properties of textile fibres.
- Get knowledge about fabric construction and finishing processes.
- learn various Dyeing and Printing Methods.
- Understand body measurements
- **Explain the methods of developing proper patterns.**

- ♣ Select the appropriate clothing for various stages and occasions in life.
- Understand the meaning of human development.
- Get acquainted with all the stages and development of Life Span
- ♣ Know the adolescent stage, being aware of the changes happening in themselves their problems and solutions.
- ♣ Understand the meaning and significance of Marriage Marital Adjustment and Family Relationship.
- Familiarise towards parenthood and parental attitude.
- ♣ Sensitise for Adulthood and Old Age.
- ♣ Understand basic concepts in Food and Nutrition and interpret relationship between food nutrition and health.
- ♣ Various functions of the food.

- ♣ Describe functions, Dietary Sources, Symptoms and effects of deficiency or excess of important nutrients.
- ♣ Analyse the foods according to nutritional value and functions.
- Know the advantages of cooking and understand healthy cooking practices.
- ♣ Describe various methods of cooking and the principles underlying them.
- ♣ Analyse the effect of various methods of cooking on nutrition and non-nutritional components of food.
- Find out the importance of landscape decoration.
- Divide land according to use of landscape decoration.
- ♣ Understand the principles of landscape decoration and use them in their own houses.
- Light dentify and utilise the tools and equipment of landscape decoration.
- Understand the occupational form of nursery.
- Compare the different Bungalow, Quarter and Township landscape forms.

- Learn purchasing and storage of food materials.
- Learn the quantity, food production and entrepreneurship.
- ♣ Demonstrate skill in preparation of meals for different occasions and for different institutions.

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Govt. Jagann<mark>ath Munn</mark>alal Choudh<mark>ary Mahil</mark>a Mahavidyalaya, Mandla, M.P.