



Office-Principal

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Towards Excellence...

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AISHE Code: C-33429

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Report

Title: "Healthy Living": Nutrition Campaign Rally

Organizing Agency: National Service Scheme Unit

Date: 26.02.2020

Location: Azad Ward, Mandla

Number of Participants: 35

Objective:

To conduct a nutrition campaign rally to raise awareness about the importance of proper nutrition, promote healthy eating habits, and encourage community involvement in nutrition education.

Rally Highlights:

- Interactive sessions on nutrition and health
- Distribution of nutrition pamphlets and resource materials
- Healthy food demonstrations and tastings
- Participation from local health experts and nutritionists

Participant Feedback:

- "The rally was an eye-opener on the importance of nutrition for overall health!"
- "I learned so much about healthy eating habits and meal planning!"
- "This event inspired me to make positive changes in my diet!"

Outcomes:

- Increased awareness about the importance of proper nutrition
- Encouragement of healthy eating habits and meal planning
- Improved understanding of nutrition and health relationships
- Empowerment of community members to take control of their health




Recommendations:

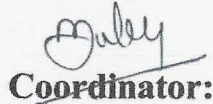
- Organize regular nutrition education events and activities
- Collaborate with local health organizations to provide resources and support
- Engage with schools and universities to educate students on nutrition and health

Conclusion:

The "Healthy Living" nutrition campaign rally was a successful initiative, promoting awareness and education on proper nutrition and healthy eating habits. By continuing to prioritize nutrition education, we can foster a healthier and more informed community.


Organizer:

Smt. Vijya Shyam
N.S.S. In charge


Coordinator:

Dr. Aradhna Dubey
Coordinator, IQAC


Principal:

Govt. J.M.C. Mahila
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