

# Govt. J.M.C. Mahila Mahavidyalaya, Mandla, M.P.



## Department of Sports

organizes

One Day Workshop on “Women in  
Sports: Challenges and Opportunities”  
in collaboration with

Internal Quality Assurance Cell

Date: 12-03-2022

Time: 14:30 Hrs

Venue: Multipurpose Hall  
(Room No. 10)



Speaker  
Dr. Devendra Singh Baghel  
Sports Officer



Coordinator  
Dr. Aradhna Dubey  
IQAC Coordinator



Principal  
Dr. S.N. Khare



## Office-Principal

**Govt. Jagannath Munnalal Choudhary Mahila  
Mahavidyalaya, Mandla, Madhya Pradesh**



Towards Excellence...

Phone/Fax: 07642-252536

Website: <http://www.gjmcgirlscollegemandla.in>

AISHE Code: C-33429

Email: [hegjceman@mp.gov.in](mailto:hegjceman@mp.gov.in)

College Code: 3502

# Report

## **Title of the Workshop: One Day Workshop on "Women in Sports: Challenges and Opportunities"**

The Department Sports of Government Jagannath Munnalal Choudhary Mahila Mahavidyalaya, Mandla, Madhya Pradesh organised a one-day workshop on **"Women in Sports: Challenges and Opportunities"** on 12.03.2022 in collaboration with Internal Quality Assurance Cell.

The workshop started with the inaugural statements of patron of the institution Dr S.N. Khare in which he welcomed all the participants to attend the workshop and shared his views based on the significance of sports and games in our lives. He also added in his inaugural speech that now a days sports are a better domain to develop one's career.

Further Dr. Devendra Singh Baghel explained the facts of the workshop as follows: The workshop on "Women in Sports: Challenges and Opportunities" was conducted to discuss the obstacles faced by women in sports and explore ways to promote gender equality and empowerment. The event brought together athletes, coaches, sports administrators, and experts to share experiences and insights.

### **Objectives:**

- Identify challenges faced by women in sports
- Discuss strategies for overcoming obstacles and promoting gender equality
- Explore opportunities for women's empowerment through sports
- Foster a network of supporters and advocates for women in sports

### **Workshop Overview:**

- Panel discussions and presentations highlighted challenges, successes, and best practices
- Group sessions and Q&A facilitated knowledge sharing and networking
- Expert insights and personal stories inspired and motivated participants

## Key Takeaways:

- Women face structural, social, and cultural barriers in sports
- Stereotypes, bias, and discrimination hinder participation and progress
- Education, awareness, and advocacy are crucial for change
- Women's sports offer vast opportunities for empowerment, leadership, and social impact

## Outcomes:

- Participants gained a deeper understanding of challenges and opportunities
- Networking and collaboration sparked new initiatives and partnerships
- Empowerment and motivation to drive positive change in women's sports




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Date: 12-03-2022 Time: 14:30 Hrs Venue: Multipurpose Hall (Room No. 10)

 Speaker Dr. Devendra Singh Baghel Sports Officer	 Coordinator Dr. Aradhna Dubey IQAC Coordinator	 Principal Dr. S.N. Khare
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## Recommendations of the Trainer:


- Increase funding and resources for women's sports programs
- Promote gender-sensitive policies and practices
- Support women coaches, officials, and leaders
- Celebrate women's sports achievements and stories


The workshop on "Women in Sports: Challenges and Opportunities" was a

resounding success, sparking vital conversations, connections and commitments to action. By working together, we can break down barriers, empower women and unlock the full potential of sports for all.

At the end of the workshop the best wishes were given by the coordinator Dr. Aradhna Dubey and the patron of the Institution Dr. S.N. Khare and the certificates were distributed among the 86 participants.

  
**Trainer:**  
Dr. Devendra Singh  
Baghel  
Sports Officer

  
**Organizer:**  
Dr. Aradhna Dubey  
Coordinator, IQAC

  
**Principal:**  
Govt. J.M.C. Mahila  
Mahavidyalaya,  
Mandla, M.P.





# Office-Principal

## Govt. Jagannath Munnalal Choudhary Mahila Mahavidyalaya, Mandla, Madhya Pradesh



Towards Excellence...

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Website: <http://www.gjmcgirlscollegemandla.in>

AISHE Code: C-33429

College Code: 3502

### List of the Enrolled Students

**Name of the Programme-** One day Workshop on 'Women in Sports:  
**Challenges and Opportunities'**

**Date-** 12.03.2022

**Name of Organizing Agency-** Department of Sports

**Name of the Trainer-** Dr. Devendra Singh Baghel

**Venue-** Multi-purpose Hall (Room No. 10)

S. No.	Name of the Student	Enrolment No.	Class
1	Akanksha Bhanware	R2100235020142	BA II
2	Deepti Yadav	R2000235020154	BA III
3	Dharamvati Bai	R2000235020040	BA III
4	Jyoti Tekam	R2200235020090	BA I
5	Kalashvatee Netee	R2200235020042	BA I
6	Suneeta	R2100235020359	BA II
7	Koushalya	R2200235020263	BA I
8	Koushalya Markam	R2200235020050	BA I
9	Kranti	R2200235020034	BA I
10	Ku Kajal Bairagi	R2200235020031	BA I
11	Ku. Lalita Dhurve	R2200235020203	BA I
12	Bhavna Uikey	R2100235020347	BA II
13	Neha Choudhary	R2100235020316	BA II
14	Nikita Marko	R2100235020259	BA II
15	Nikita Sirsam	R2100235020119	BA II
16	Usha Sahu	R2000235020128	BA III
17	Vanshika Rajbhar	R2000235020063	BA III
18	Gayatri Ulari	R2200235020311	BA I
19	Geeteshwari Tekam	R2200235020067	BA I
20	Minakshi Pathak	R2200235020295	BA I
21	Vimla Maravi	R2000235020153	BA III
22	Yamanee Yadav	R2000235020131	BA III
23	Asvanti Poosam	R2100235020027	BA II
24	Nidhi Parte	R2000235020072	BA III
25	Nisha Pandre	R2000235020054	BA III
26	Omni Maravi	R2000235020205	BA III

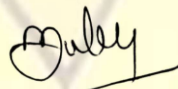
27	Omti	R2000235020101	BA III
28	Padma Armo	R2000235020159	BA III
29	Palak Rai	R2000235020011	BA III
30	Akanksha Bhanware	R2100235020142	BA II
31	Deepti Yadav	R2000235020154	BA III
32	BineetaKurvee	R2200235020182	BA I
33	Chameli Tilgam	R2200235020149	BA I
34	Bhuneshwari Pandre	R2200235020242	BA I
35	Kranti	R2100235020255	BA II
36	Kratika Yadav	R2100235020123	BA II
37	Krishna Bhavedi	R2100235020322	BA II
38	Ahilya Tilgam	R2100235020154	BA II
39	Indeshwari	R2200235020205	BA I
40	Indra	R2200235020250	BA I
41	Kumari Rashmi	R2000235020143	BA III
42	Jyoti Tekam	R2200235020090	BA I
43	Kalashvatee Netee	R2200235020042	BA I
44	Suneeta	R2100235020359	BA II
45	Suneeta Nanda	R2100235020121	BA II
46	Sushma	R2100235020203	BA II
47	Sushmita Dhurwey	R2100235020033	BA II
48	Gargi Dixit	R2000235020197	BA III
49	Gayatri Nanda	R2000235020057	BA III
50	Gayatri Pandro	R2000235020075	BA III
51	Rani Yadav	R2100235020077	BA II
52	Ranjana Dhurwey	R2100235020024	BA II
53	Ranjana Kokadiya	R2100235020251	BA II
54	Shivkumari Sahu	R2000235020082	BA III
55	Shivrani Bhartiya	R2000235020136	BA III
56	Shobhana Saiyam	R2000235020055	BA III
57	Shruti Thakur	R2000235020209	BA III
58	Silochana	R2000235020050	BA III
59	Tanisha Bairagi	R2100235020216	BA II
60	Tanushri Thakur	R2100235020122	BA II
61	Gomti Maravi	R2200235020188	BA I
62	GyanvatiParste	R2200235020083	BA I
63	Hemlata	R2200235020081	BA I
64	Hemlata Maravi	R2200235020193	BA I
65	Payal Kushmariya	R2000235020189	BA III
66	Asha Marko	R2200235020126	BA I
67	AshwantiParte	R2200235020041	BA I
68	Sarita Dhurwey	R2100235020108	BA II
69	Sarojni	R2100235020078	BA II

70	Reshmi Parte	R2200235020144	BA I
71	Revati Yadav	R2200235020013	BA I
72	Anshika Thakur	R2200235020254	BA I
73	Aafreen Begum	R2200235020156	BA I
74	Aasma Parte	R2200235020316	BA I
75	Dooja Saiyam	R2100235020302	BA II
76	Dropti Masram	R2100235020273	BA II
77	Reeta Uikey	R2000235020067	BA III
78	Rekha	R2000235020213	BA III
79	Sudama Maravi	R2200235020080	BA I
80	Suhadri Yadav	R2200235020145	BA I
81	Geeteshwari Tekam	R2200235020067	BA I
82	Saraswati Vatti	R2100235020228	BA II
83	Sarita Dhurwey	R2100235020108	BA II
84	Sarojni	R2100235020078	BA II
85	Reshmi Parte	R2200235020144	BA I
86	Suhani Barmaiya	R2200235020234	BA I



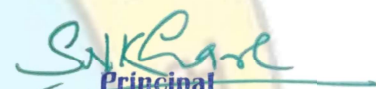
**Subject Expert**

Dr. Devendra Singh Baghel  
Sports Officer  
(Department of Sports)



**Organizer**

Dr. Aradhna Dubey  
Coordinator, IQAC



**Principal**

Govt. Jagannath Munnalal  
Choudhary Mahila  
Mahavidyalaya, Mandla, M.P.



**Govt. Jagannath Munnalal Choudhary  
Mahila Mahavidyalaya, Mandla, Madhya  
Pradesh**



**Feedback Form  
2022-2023**



Towards Excellence...

**Title of the Programme:** One day workshop on "Women in Sports: Challenges and Opportunities"

**Date:** 12.03.2022

**Name of the Organizing Agency:** Department of Sports

**Name of the Student:** Jyoti Tekam

**Class:** BA I

**Enrolment No.:** R22U0235020090

**Please respond to the following questions by electing one of the options provided below:**

**5. Excellent      4. Very Good      3. Good      2. Average      1. Poor**

**Please tick (✓) against your election.**

1. The way in which the subject expert covered the seasons sufficiently-

5      4      3      2      1

2. Relevance of the information presented to your needs and expectations-

5      4      3      2      1

3. Sufficiency of opportunity provided for question answer session-

5      4      3      2      1

4. The level at which you are pleased with the program:

5      4      3      2      1

5. Overall rating of the program organised:

5      4      3      2      1

6. Would you like to attend any further programs like this in future?

Yes      No

7. Did you learn any new important information from the program?

Yes      No

Jyoti  
Signature of the Participant



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Mahila Mahavidyalaya, Mandla, Madhya  
Pradesh**



**Feedback Form  
2022-2023**



Towards Excellence...

**Title of the Programme:** One day workshop on "Women in Sports: Challenges and Opportunities"

**Date:** 12.03.2022

**Name of the Organizing Agency:** Department of Sports

**Name of the Student:** Savita Dhurvey

**Class:** B.A. II

**Enrolment No.:** A21UU235020108

**Please respond to the following questions by electing one of the options provided below:**

**5. Excellent      4. Very Good      3. Good      2. Average      1. Poor**

**Please tick (✓) against your election.**

1. The way in which the subject expert covered the sessions sufficiently-  
5      4 ✓      3      2      1
2. Relevance of the information presented to your needs and expectations-  
5      4      3 ✓      2      1
3. Sufficiency of opportunity provided for question answer session-  
5      4 ✓      3      2      1
4. The level at which you are pleased with the program:  
5      4      3 ✓      2      1
5. Overall rating of the program organised:  
5      4 ✓      3      2      1
6. Would you like to attend any further programs like this in future?  
Yes ✓      No
7. Did you learn any new important information from the program?  
Yes ✓      No

Savita  
**Signature of the Participant**



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Pradesh**



**Feedback Form  
2022-2023**



Towards Excellence...

**Title of the Programme:** One day workshop on "Women in Sports: Challenges and Opportunities"

**Date:** 12.03.2022

**Name of the Organizing Agency:** Department of Sports

**Name of the Student:** Deepthi Yadav

**Class:** B.A. III

**Enrolment No.:** A2000235020154

Please respond to the following questions by electing one of the options provided below:

**5. Excellent      4. Very Good      3. Good      2. Average      1. Poor**  
Please tick (✓) against your election.

1. The way in which the subject expert covered the sessions sufficiently-

5      4 ✓      3      2      1

2. Relevance of the information presented to your needs and expectations-

5      4      3 ✓      2      1

3. Sufficiency of opportunity provided for question answer session-

5      4 ✓      3      2      1

4. The level at which you are pleased with the program:

5      4 ✓      3      2      1

5. Overall rating of the program organised:

5      4      3 ✓      2      1

6. Would you like to attend any further programs like this in future?

Yes ✓      No

7. Did you learn any new important information from the program?

Yes ✓      No

Deepthi  
Signature of the Participant



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Pradesh**



**Feedback Form**

**2022-2023**



Towards Excellence...

**Title of the Programme:** One day workshop on "Women in Sports:  
Challenges and Opportunities"

**Date:** 12.03.2022

**Name of the Organizing Agency:** Department of Sports

**Name of the Student:** Reshmi Parate

**Class:** BA I

**Enrolment No.:** R220235020144

**Please respond to the following questions by electing one of the options provided below:**

**5. Excellent      4. Very Good      3. Good      2. Average      1. Poor**

**Please tick (✓) against your election.**

1. The way in which the subject expert covered the sessions sufficiently-

5      ☒      3      2      1

2. Relevance of the information presented to your needs and expectations-

5      ☒      3      2      1

3. Sufficiency of opportunity provided for question answer session-

5      4      ☒      2      1

4. The level at which you are pleased with the program:

5      ☒      3      2      1

5. Overall rating of the program organised:

5      4      ☒      2      1

6. Would you like to attend any further programs like this in future?

☒ Yes      No

7. Did you learn any new important information from the program?

☒ Yes      No

Reshmi

**Signature of the Participant**



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Pradesh**



**Feedback Form**

**2022-2023**



Towards Excellence...

**Title of the Programme:** One day workshop on "Women in Sports:  
Challenges and Opportunities"

**Date:** 12.03.2022

**Name of the Organizing Agency:** Department of Sports

**Name of the Student:** Dooja Saiyam

**Class:** B.A. II

**Enrolment No.:** R2100235020302

**Please respond to the following questions by electing one of the options provided below:**

**5. Excellent      4. Very Good      3. Good      2. Average      1. Poor**  
**Please tick (✓) against your election.**

1. The way in which the subject expert covered the sessions sufficiently-

5      4 ✓      3      2      1

2. Relevance of the information presented to your needs and expectations-

5      4      3 ✓      2      1

3. Sufficiency of opportunity provided for question answer session-

5      4 ✓      3      2      1

4. The level at which you are pleased with the program:

5      4      3 ✓      2      1

5. Overall rating of the program organised:

5      4 ✓      3      2      1

6. Would you like to attend any further programs like this in future?

Yes ✓      No

7. Did you learn any new important information from the program?

Yes ✓      No

Dooja  
**Signature of the Participant**



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Mahila Mahavidyalaya, Mandla, Madhya  
Pradesh**



**Feedback Form**

**2022-2023**



Towards Excellence...

**Title of the Programme:** One day workshop on "Women in Sports: Challenges and Opportunities"

**Date:** 12.03.2022

**Name of the Organizing Agency:** Department of Sports

**Name of the Student:** Padma Armo

**Class:** B.A. III

**Enrolment No.:** R2000235020159

**Please respond to the following questions by electing one of the options provided below:**

**5. Excellent      4. Very Good      3. Good      2. Average      1. Poor**  
**Please tick (✓) against your election.**

1. The way in which the subject expert covered the sessions sufficiently-

5      4 ✓      3      2      1

2. Relevance of the information presented to your needs and expectations-

5      4      3 ✓      2      1

3. Sufficiency of opportunity provided for question answer session-

5      4 ✓      3      2      1

4. The level at which you are pleased with the program:

5      4 ✓      3      2      1

5. Overall rating of the program organised:

5      4      3 ✓      2      1

6. Would you like to attend any further programs like this in future?

Yes ✓      No

7. Did you learn any new important information from the program?

Yes ✓      No

Padma Armo  
Signature of the Participant