



Office-Principal

**Govt. Jagannath Munnalal Choudhary Mahila
Mahavidyalaya, Mandla, Madhya Pradesh**



Towards Excellence...

Phone/Fax: 07642-252536

Email: hegjcgcman@mp.gov.in

Website: <http://www.gjmcgirlscollegemandla.in>

AISHE Code: C-33429

College Code: 3502

Report

Title of the Programme: 15 Days Certificate Course on “Fundamentals of Nursing”

The 15 Days Course started with the introductory and welcome speech to all the students enrolled in this certificate course by the trainer and the Organizer of the course Dr. Aradhana Dubey, Associate Professor, Home Science (Coordinator, IQAC). Dr. Dubey focused on the following areas focusing on choosing nursing as a profession:

- Overview of Nursing Profession: History, Roles and Responsibilities.
- Nursing theories and models.
- Ethical and legal aspects of Nursing practice.
- Communication Skills in Nursing.
- Cultural competence and diversity in health care.
- Vital Signs Assessment: temperature, pulse, respiration and blood pressure.
- Patient hygiene and personal care
- Positioning and transferring patients.
- Infection control and prevention.
- Medication administration and dosage calculations.
- Healthy Assessment techniques: Physical Examination and Health History.
- Documentation and Charting.
- Nursing Process: Assessment, Diagnosis, planning, implementation and evaluation.
- Patient education and Health Promotion.
- Care planning for common health conditions: respiratory, cardiovascular, gastrointestinal, musculoskeletal etc.

Further during the course, the students were made aware about:

Nurses have many roles. A nurse may be an assistant to a medical specialist or part of the surgical team of doctors on their way to an operation. But nurses have specific duties to perform, not just mere assistants. You could at least point out five of those roles a nurse has to perform daily. The fundamentals of nursing could be as complicated as its demanding work at times, but the results are always rewarding.

**Govt. J.M.C. Mahila
Mahavidyalaya, Mandla, M.P.**



Towards Excellence...

**Department of Home Science
organizes**

**15 days Skill Based Certificate Course
on "Fundamentals of Nursing"
Under the Guidance of Internal
Quality Assurance Cell**

Date:

01/12/2021-27/12/2021

Time:

12:00 Hrs-14:00 Hrs

Venue: Classroom

(Room No. 11)



Coordinator & Trainer:

Dr. Aradhna Dubey

Associate Professor (Home Science)



Principal:

Dr. S.N. Khare



Assessing a Patient:

As soon as the patient is housed inside the hospital, a nurse almost immediately must perform an assessment of the patient. This initial assessment might prove valuable later, particularly with performing a diagnosis.

Diagnosis:

Nurses, after conducting an initial assessment, could perform a simple diagnosis to their patients. A nurse might want to interview the patient further and diagnose the patient properly.

Nursing Care:

Immediately after giving a simple diagnosis, a nurse must devise a plan on how to take care of the patient. That plan though is in keeping with the assessment and its corresponding diagnosis.

Medical Intervention:

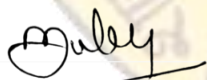
If a patient needs further diagnosis, a nurse might be able use the services of a doctor. This will assure the patient that the initial medical attention has its confirmation with another medical staffer.

To Recap:

After doing the necessary assessment and diagnosis, and providing initial medication to the patient, a nurse has the responsibility to evaluate the said patient. This evaluation would either give further medical attention or would recommend a release for the patient.

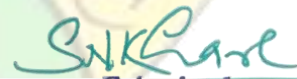
These are basically the fundamentals of nursing, the basic things that a nurse must do in the course of his/her duty. Indeed, they have many roles, and it's more than just assisting.

The 15 days course ended with the certificate distribution among the 58 students enrolled in the course on 27.12.2021 (Monday) in the marvelous presence of the honorable Principal Dr. S.N. Khare.



Organizer:

Dr. Aradhna Dubey
Coordinator, Internal
Quality Assurance Cell



Principal

Govt. J.M.C. Mahila
Mahavidyalaya, Mandla (M.P.)
Govt. J.M.C. Mahila
Mahavidyalaya,
Mandla, M.P.